



2025



<https://www.bsg-texins-ev.de/>



Not yet a **TEXINS** member?
Go for it. It's 24 EUR per year

	MON	TUE	WED	THU	FRI
7					
8				requires online registration through Kursifant	
9	Massage 8:00 - 12:30	Massage 8:00 - 13:00	Massage 7:00 - 11:00		Back Fitness 9:15 - 10:00
10					
11			Zumba 11:30 - 12:30	Yoga 11:00 - 12:15	
12					
13	Flex / Faszien 13:00 - 13:45				
14	Table Tennis - Kicker - Darts available all day				
15					
16					
17		Photo			
18	Racing Bike from 17:45		Functional Training 17:30 - 19:00	TI Band 17:00 - 19:30	MTB Bike from 17:45
19	Swim Style 19:00 - 20:00	Beachvolley	Basketball		
20		Squash	Soccer 18:00 - 20:00	Bouldern	Swim Beginners 21:00 - 21:45

Great discounts in multiple fitness studios in your area as **TEXINS** member

EVENT CALENDAR

Rotary Charity swim (July 12th)



Ski trip to Ratschings: next trip Jn 23rd -25th



Frühjahrslauf
Landshut läuft (April 27th)
Rückenwindlauf (July 27th)
Volksfestlauf
Lebenslauf (Oct 19th)
Sparkassenlauf (July 9th)



Sailing weekend Gardasee in May
Sailing regatta (June 14th)



League matches starting in April (Wed night)



Tennis week in Zolling (Aug 4th - Aug 8th)



Golf adventure day (May 4th)